

CHANGES TO MEDICAID WORK REQUIREMENTS IN **NEBRASKA**

WHO IS EFFECTED?

These rules only apply to people enrolled in Medicaid expansion - **Heritage Health Adult**

HOW DO YOU MEET THE REQUIREMENT



WORK 80 HOURS

over one month, which can be met by:

- Earn pay equal to 80 hours at the federal minimum wage (~\$580 total household income), or
- Take part in a work program, or
- Do community service (80 hours)

OR



GO TO SCHOOL AT LEAST HALF-TIME

- GED program, Technical school or college, or
- Be in a registered apprenticeship

WHEN DO THE RULES START?

May 1, 2026

If you are applying for Medicaid, you must meet the rules for the month before you apply

If you already have Medicaid, the rules will apply at your renewal if your coverage ends July 31, 2026 or later

WHAT DO YOU NEED TO DO?



Watch for your renewal notice and any letters or requests from DHHS



Report your:

- Work activity
- School or training
- Community service



Report and show proof if you qualify for:

- An exemption, or
- A temporary hardship

WHERE CAN YOU GET HELP?

Contact DHHS or go to: [iserve.nebraska.gov](https://www.ihhs.nebraska.gov)

Here you can:

- ✓ Check if you are in Medicaid expansion - Heritage Health Adult
- ✓ Find your renewal date
- ✓ Update your contact information
- ✓ Report changes

You can call Legal Aid of Nebraska to apply for help if you receive a termination notice or a notice from DHHS that you do not understand.

STATEWIDE ACCESSLINE®
1.877.250.2016

LÍNEA DE ACCESO TODO EL ESTADO
1.877.250.2016

ELDERACCESSLINE® (AGE 60+)
1.800.527.7249











Seniors aged 60+ in all 93 counties of Nebraska are eligible



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WHO DOES NOT HAVE TO MEET THE NEW REQUIREMENTS?




You may not have to meet the work rules if you qualify for an exemption. Some examples of exemptions include if you:

-  Care for a child under age 13
-  Care for a person with a disability
-  Aged out of foster care and are under age 26
-  Are a member of a federally recognized tribe or get Indian Health Services
-  Are a disabled veteran with a total disability rating
-  Are meeting work requirements for SNAP or TANF
-  Are in a qualified drug or alcohol treatment program
-  Are incarcerated or were recently released (last 90 days)
-  Are medically frail: this can include: blindness; disability including mental health, physical, developmental and intellectual disabilities; complex or serious medical conditions; and substance use disorders
-  Are pregnant, or up to 12 months after pregnancy (if you had Medicaid while pregnant)

There may be other exemptions.

TEMPORARY HARDSHIP (SHORT-TERM HELP)

You may get a short break from the work requirement if:

-  You must travel for serious medical care and services are not available near you
-  You were in the hospital or a nursing home
-  Your county had a federal emergency or high unemployment

